



Phil Cahoy Sr. Cornhusker Classic
The Premium Meet of the Midwest



Location: Iowa West Field House 5 Arena Way Council Bluffs, IA 51501

Girls Schedule

Modified Capital Cup with two judges for Sessions 1-6, 7, 10, 12

Modified Traditional with one judge for Sessions 8, 9, 11, 13

Continuous Rotation between events

Doors open at 7:30am

Friday February 26, 2021

Session	Open Stretch	Introductions	Compete
Session 1a Xcel Silver 10 and under	8:00 AM-8:20 AM	8:20 AM-8:25 AM	8:25 AM
Session 1b Xcel Silver 11 and over	10:30 AM-10:50 AM	10:50 AM-10:55 AM	10:55 AM
Session 2 Level 6	1:30 PM-2:00 PM	2:00 PM-2:05 PM	2:05 PM
Session 3 Level 7	5:30 PM-6:00 PM	6:00 PM-6:05 PM	6:05 PM

Awards Immediately Following Competition in a separate area

Age Divisions: Xcel Silver: 7-8yrs, 9yr, 10a(9/1/10-2/27/11), 10b(2/28/10-8/31/10), 11a(9/1/09-2/27/10), 11b(2/28/09-8/31/09), 12a(9/1/08-2/27/09), 12b(2/27/08-8/31/08), 13+yrs; Level 6: 9-10yrs, 11yrs, 12yr, 13yr, 14-15yrs; Level 7: 9-10yrs, 11yr, 12yr, 13yr, 14yr, 15+yrs.

Saturday February 27, 2021

Session	Open Stretch	Introductions	Compete
Session 4 Xcel Gold	8:00 AM-8:20 AM	8:20 AM-8:30 AM	8:30 AM
Session 5 Level 8	1:00 PM-1:30 PM	1:30 PM-1:35 PM	1:35 PM
Session 6 Levels 9 & 10 and Xcel Diamond	5:00 PM-5:30 PM	5:30 PM- 5:35 PM	5:35 PM

Awards Immediately Following Competition in a separate area

Age Divisions: Xcel Gold: 9yr, 10yr, 11a(9/1/09-2/27/10), 11b(2/28/09-8/31/09), 12a(9/1/08-2/27/09), 12b(2/28/08-8/31/08), 13yr, 14+yrs; Level 8: 9-11yrs, 12yr, 13-14yrs, 15-16yrs, 17yr; Level 9: 13-14yrs, 15-16yrs, 17-18yrs; Level 10: 15-16yrs, 17-18 yrs; Xcel Diamond: 13-14 yrs, 15-17 yrs

Sunday February 28, 2021 GYM A

Session	Open Stretch	Introductions	Compete
Session 7 Level 4 10 and Under	8:00 AM - 8:20 AM	8:20 AM-8:25 AM	8:25 AM
Session 10 Level 4 11 and Over & Level 5	12:00 PM-12:20 PM	12:20 PM-12:30 PM	12:30 PM
Session 12 Xcel Platinum	4:30 PM-5:00 PM	5:00 PM-5:05 PM	5:05 PM

Awards Immediately Following Competition in a separate area

Age Divisions: Level 4: 7-8yrs, 9a(6/28/11-2/27/12), 9b(2/28/11-6/27/11), 10a(8/28/10-2/27/11), 10b(2/28/10-8/27/10), 11a(8/28/09-2/27/10), 11b(2/28/09-8/27/09), 12yr, 13-14yrs; Level 5: 8-10yrs, 11yr, 12+yrs; Xcel Platinum: 10-12yrs, 13yr, 14yr, 15+yrs

Sunday February 28, 2021 GYM B

Session	Timed Stretch	Introductions	Compete
Session 8 Level 2	8:00 AM-8:20 AM	8:20 AM-8:30 AM	8:30 AM
Session 9 Level 3 Born on or after 11/1/2011	10:00 AM-10:20 AM	10:20 AM- 10:30 AM	10:30 AM
Session 11 Level 3 Born prior to 11/1/2011	1:30 PM-1:50 PM	1:50 PM-2:00 PM	2:00 PM
Session 13 Xcel Bronze	5:00 PM-5:20 PM	5:20 PM-5:30 PM	5:30 PM

Awards Immediately Following Competition in a separate area

Age Divisions: Level 2: 6yr, 7yr, 8yr, 9-10yr; Level 3: 6yr, 7yr, 8a (8/28/12-2/27/13), 8b(2/28/12-8/27/12), 9a(11/1/11-2/27/12), 9b(2/28/11-10/31/11), 10yr, 11yr, 12+yr; Xcel Bronze: 5-6yrs, 7yr, 8yr, 9yr, 10yr, 11+yr

All Equipment is AAI

Awards:

USAG Girls' ages are determined by their age on the day of competition.

USAG Individual Events: 50% plus 1; All-Around: 100% for each age group

USAG Teams: 1st-3rd or 50% of competing teams if greater than 6 teams.

Accommodation information, directions and additional information can be found at:

<https://cahoysgymbc.wixsite.com/cornhuskerclassic-1>